

# PLUS DELTA

Information about this is at the [www.essentialcomm.com](http://www.essentialcomm.com) website. Under coaching tips search for power tools for teams Plus Delta. At every meeting at the end record everyone's plus and delta. Plus is something that went well in the meeting. Delta is a wish for the future. Delta is not something bad and it shouldn't be taken personally. If we want to achieve the deltas we have to review and plan. At the end of every meeting record plus and delta. Record by saying bullet points- no explanations- just bullet points. Talk short. Review lists regularly and look for themes and patterns.

## PLUS

- We kept to the Agenda x3
- We all arrived on time x2
- We finished off our reflections
- We know what we are doing for PD in the holidays

## DELTA

- I wish we could have explored John's TAI work on vocabulary in greater detail
- I wish we spent more time on pedagogy rather than Nuts 'n' bolts x4
- I wish we were better panned when reflecting to each other x2

1 Keep it to short bullet points

2 Don't judge points made

3 Ask for clarification if needed

4 Notice repeated bullet points

5 Use as data to change for next meeting